



MEET THE DOULA

Kayla Rogers

Serving Medicaid-eligible pregnant individuals in Erie County. Kayla strives to create a strong and healthy birth environment, where the birthing person feels empowered and respected.

ABOUT KAYLA

Kayla is a Buffalo native and lives on the westside of Buffalo with her husband and four children. She enjoys spending time with her family & friends, traveling, and exploring her community.

She believes that by being a Doula, she can help educate women/birthing people about pregnancy and labor, reduce the fear of birth and allow women/birthing people to have power over their own choices! Whether you plan to give birth in a hospital, at home or at a Birthing Center she wants you to feel supported and empowered during this transformative time.

➤ EXPERIENCE

CERTIFICATIONS

- Certified with DONA International
- Birth & Postpartum Doula
- NYS Medicaid Provider
- Certified Placenta Specialist
- Certified Breastfeeding Specialist

➤ HER WORK

Kayla has attended over 60 live births. She has experience in a wide range of circumstances such as inductions, C-sections, VBAC, breech birth, twins/multiples, premature birth, surrogacy, adoption, single parents, and pregnancy after loss. Her goal is to help the birthing person embrace their pregnancy and birth while receiving physical, mental, emotional, and educational support leading to a positive childbirth experience. She hopes doula work will bridge the gap to have overall better health outcomes especially with families of color.

➤ CONTACT

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MEET THE DOULA

Njeri Motley

Serving Medicaid-eligible pregnant individuals in Erie County. Njeri's objective is to give her clients the absolute best experience when welcoming their child into the world.

ABOUT ME

Njeri is a Certified Birth Doula through Life Cycles Collective Doulas (LCCD) as well as a homemaker and provider. She is married and the mother of 6 children, 5 girls and 1 boy.

Njeri believes that the power and strength given to women concerning childbirth is incomprehensible, honorable, and supernatural. She has assisted family members, friends, and complete strangers in child birthing and her passion in this profession matches her dedication.

EXPERIENCE

Certifications

- Certified Birth Doula through Life Cycles Collective Doulas
- DONA International trained Doula
- NYS Medicaid Provider

MY WORK

Njeri has been a doula for close to 10 years and has been the doula for over 50 births. She has experience in IVF births, multiple births, c-sections, inductions, and high risk births.

CONTACT

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MEET THE DOULA

Della Williams

Serving Medicaid-eligible pregnant individuals in Erie County. Della aims to support women in making decisions about their birth and birth plans.

ABOUT DELLA

Brenzella, Della, is the proud mother of 5, grandmother of 17 and great grandmother of 9; she has attended and supported most of their deliveries, and many others. It has always been Della's desire to support women in their decision to control as much as they could of their birth plans and births. Over the years she has witnessed the shift as the medical profession has become more and more willing and in agreement that women and their partners should have a more active role in the planning their deliveries.

➤ EXPERIENCE

CERTIFICATIONS

- Certified Birth Doula
- DONA Trained Doula
- NYS Medicaid Provider
- Certified Lifecycles Collective Doula

➤ HER WORK

Della has 19 years of hospital experience in Labor and delivery, nursery and postpartum. During her time, she has attended over 50 births as a doula. She has experience in inductions, C-sections, VBAC, premature birth, single parents, IVF pregnancy, high risk pregnancy, and pregnancy after loss.

➤ CONTACT

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MEET THE DOULA

Rhiannon Needham

Serving Medicaid-eligible pregnant individuals in Erie County. Rhiannon prides herself in providing care, understanding, information, and support at any stage of the reproductive process.

ABOUT ME

Rhiannon is a Full Spectrum Doula who is trained to offer support through fertility, birth, postpartum, loss, and more.

Rhiannon is very passionate about helping individuals and families of color, especially those being ignored about medical concerns throughout pregnancy or postpartum. She focuses on birthing individuals of color and the physical and mental well-being of gestational and non-gestational partners involved in the pregnancy, labor, birth, and postpartum experiences.

EXPERIENCE

Certifications

- Certified birth and postpartum doula through Life Cycle Doulas
- Certified Full spectrum doula through Cornerstone
- NYS Medicaid Provider

MY WORK

Rhiannon has been a doula for close to 5 years and has been the doula for many births. She has experience with inductions, c-sections, multiple births, high risk birth, and same sex couples.

CONTACT

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MEET THE DOULA

Shannon Johns

Serving Medicaid-eligible pregnant individuals in Erie County. Shannon likes helping women understand their strength and confidence around birth.

ABOUT SHANNON

Shannon is the founder and Owner of Calming Nature Doula Center and Services. Shannon started doula work well before her official DONA training. Mother to six children, all via natural births, Shannon learned a thing or two about what worked to reduce the perceptions of labor pain. Through her lived experience Shannon began helping the women in her circle as they navigated their own birth experience.

➤ EXPERIENCE

CERTIFICATIONS

- Certified with DONA International
- Certified Lactation Specialist
- Childbirth Educator
- Birth & Postpartum Doula
- NYS Medicaid Provider

➤ HER WORK

Shannon has attended a few hundred births since being a doula. She has experience in inductions, C-sections, VBAC, breech birth, twins/multiples, premature birth, single parents, pregnancy after loss, high risk pregnancies, and premature birth. She wants people to understand the misinformation around birth and birthing preferences so that individuals can make the best choice for them.

➤ CONTACT

Email: shannon@calmingnaturedoula.com



MEET THE DOULA

Shyana Broughton

Serving Medicaid-eligible pregnant individuals in Erie County. Shyana has had a passion for birth since she was very young, she believes it is her mission to protect Black moms.

ABOUT ME

Shyana is a DONA certified birth doula, who also has a deep love and passion for postpartum care.

Shyana feels she is most helpful with offering full spectrum services from pregnancy through postpartum. Her background in social work offers a very unique perspective of servitude. Shyana believes that Black mothers deserve a certain quality of birth, and until she sees it she will continue to work towards it.

EXPERIENCE

Certifications

- Certified Birth doula with DONA International
- Certified Lactation Specialist
- NYS Medicaid Provider
- Certified postpartum doula

MY WORK

Shyana has been a doula for close to 5 years and has served as the doula for many births. She has experience with inductions, c-sections, breech births, multiple births, IVF, and same sex couples.

CONTACT

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